

Warm Up Lane Assignments

Modified: 7/6/2026

Warm up lanes have been assigned based on the number of swimmers entered for each team by session. Different from last year, this year, your number of lanes is based on the number of athletes you have entered for each group of sessions (SAT/SUN AM/PM). We continue to run TWO sessions (early and late) of warmups. If you are the early session on day 1, you are the late session on day 2.

There are 10 lanes in the SOUTH pool denoted S0-S9. There are 8 lanes in the NORTH pool denoted N1-N8.

Saturday Early/Sunday Late Teams: **CAML, HAMC, LILY, MTSP, MCST, PIED, SJST, SHER**
 Saturday Late/Sunday Early Teams: **BLOS, BYRD, CHAP, GREN, JVRA, MNSO, RSAL, VHCC, WHBG**

Saturday Early, Sunday Late	Sat AM (7:15-7:45)	Sat PM (11:45-12:15)	Sun AM (7:45-8:15)	Sun PM (12:15-12:45)
CAML	S0-S2	N3-N4	S0-S2	N3-N4
HAMC	S3	S3-S4	S3	S7-S9
LILY	N3-N4	S0-S2	N3-N4	S0-S2
MTSP	N1-N2	N1-N2	N1-N2	N1-N2
MCST	N5-N6	N5-N6	N5-N6	N5-N6
PIED	S7-S9	S5-S6	S7-S9	S5-S6
SJST	S4-S6	N7-N8	N7-N8	N7-N8
SHER	N7-N8	S7-S9	S4-S6	S3-S4

Saturday Late, Sunday Early	Sat AM (7:45-8:15)	Sat PM (12:15-12:45)	Sun AM (7:15-7:45)	Sun PM (11:45-12:15)
BLOS	S0-S2	S0-S1	N3-N4	N3-N4
BYRD	S3	S2	S3-S4	S2-S3
CHAP	N1-N2	N1-N2	N1-N2	N1-N2
GREN	S4-S6	S3-S4	N5-N6	N5-N6
JVRA	N3-N4	N3-N4	S0-S2	N7-N8
MNSO	S7-S9	S5-S6	S6-S7	S6-S7
RSAL	N5	N5-N6	S5	S0-S1
VHCC	N6	N7-N8	N7-N8	S8-S9
WHBG	N7-N8	S7-S9	S8-S9	S4-S5